



Connector Hub South Western Sydney

connectorhub.com.au

Funded by SWSPHN.

Connection Desk

- Understand and access the NDIS
- Manage and better understand your NDIS plan
- Find out more about supports and services in the local community

- Thursday 23 September 2021
- Thursday 28 October 2021
- Thursday 25 November 2021
- Thursday 23 December 2021

Contact Katrina to RSVP
0428 904 898



ZOOM GROUPS

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Groups		11:30am-12:30pm LGBTQIA+ associations group (Fortnightly) Host Asami	10:00am-11:00am Four Elements of You Host Moana 11:30-12:30pm Game on- Trivia Host: Asami	10:30am-12:30pm Movie Group Facebook live Host John	10:00am- 11:00am Fri- YAY Host Jess
Afternoon Groups	1:00pm-2:00pm Social Group Host Katrina	1:00pm-2:30pm Finding your Purpose group (Fortnightly) Host John 1:00pm- 2:00pm Creative Connectors (Fortnightly) Host John 2:30pm-3:30pm Crochet Host Moana	1:00pm-2:00pm Social Group Host Katrina 1:00pm-2:00pm MENgagement Host John	1:00pm-2:00pm Daily Living Skills & Connection Host Moana 2:30pm-3:30pm Lockdown Cooking Facebook live Host John	12:00-12:45pm Let's learn Japanese Host Asami 1:00-1:45pm Meditation Host Asami 2:00pm-3:00pm Cut the crease Beauty workshop (Fortnightly) Host Katrina

Delivered in partnership.

SWSPHN Mental Health Central Intake Line 1300 797 746