



Campbelltown Group Calendar - August 2023



Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Soul Space- 1-3pm Meet at Campbelltown Office	2 MENgagement - 1pm on ZOOM Games Arvo - 2-4pm Meet at Campbelltown Office	3 Reflection Corner - 10 - 11:30am Mac Fields Salvation Army Art Expressions - 1:30 - 3pm Meet at Campbelltown Office	4
7 Men's Shop Talk & Coffee - 01:30pm Meet at Campbelltown Office	8 The Wise Owls - 11am Meet at Campbelltown Office Soul Space- 1-3pm Meet at Campbelltown Office	9 MENgagement - 1pm on ZOOM	10 Reflection Corner - 10 - 11:30am Mac Fields Salvation Army	11 Walking Group - 10:30am Meet at Campbelltown Office
14 Coffee Group - 11am Meet at Campbelltown Office Men's Shop Talk & Coffee - 01:30pm Meet at Campbelltown Office	15 Soul Space- 1-3pm Meet at Campbelltown Office	16 Out and About We are heading to Cabramatta Meet at Campbelltown Station 08:30 am MENgagement - 1pm on ZOOM Games Arvo - 2-4pm Meet at Campbelltown Office	17 Reflection Corner - 10 - 11:30am Mac Fields Salvation Army Art Expressions - 1:30 - 3pm Meet at Campbelltown Office	18
21 Men's Shop Talk & Coffee - 01:30pm Meet at Campbelltown Office	22 The Wise Owls - 11am Meet at Campbelltown Office Soul Space- 1-3pm Meet at Campbelltown Office	23 MENgagement - 1pm on ZOOM	24 Reflection Corner - 10 - 11:30am Mac Fields Salvation Army Inclusive Rainbow Community - 1pm Meet at Campbelltown Office	25 Walking Group - 10:30am Meet at Campbelltown Office
28 Coffee Group - 11am Meet at Campbelltown Office Men's Shop Talk & Coffee - 01:30pm Meet at Campbelltown Office	29 Soul Space- 1-3pm Meet at Campbelltown Office	30 MENgagement - 1pm on ZOOM Games Arvo - 2-4pm Meet at Campbelltown Office	31 Reflection Corner - 10 - 11:30am Mac Fields Salvation Army Art Expressions - 1:30 - 3pm Meet at Campbelltown Office	1

SWS One Door Offices

Campbelltown Office
Level 3, 171-179 Queen St
Campbelltown NSW 2560

Bowral Office

30 Wingecarribee St
Bowral NSW 2576
(above Kookabar)

Delivered in partnership



SWSPHN Mental Health
Central Intake line
1300 797 746 (1300 SWS PHN)



Wollondilly - Southern Highlands Group Calendar - August 2023



Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Dilly Cafe - 10am-12pm Meet at Left & Bean Cafe Picton Soul Space- 12:30 -2:30pm Meet at Picton Library	2 Bowral Coffee - 11am Meet at Hungry Monkey Cafe Bowral, moves to the C3 Coffee Hub after 12pm MENgagement - 1pm on ZOOM	3	4
7	8 Dilly Cafe - 10am-12pm Meet at Left & Bean Cafe Picton Soul Space- 12:30 -2:30pm Meet at Picton Library	9 Bowral Coffee - 11am Meet at Hungry Monkey Cafe Bowral, moves to the C3 Coffee Hub after 12pm MENgagement - 1pm on ZOOM	10	11
14	15 Dilly Cafe - 10am-12pm Meet at Left & Bean Cafe Picton Soul Space- 12:30 -2:30pm Meet at Picton Library	16 Bowral Coffee - 11am Meet at Hungry Monkey Cafe Bowral, moves to the C3 Coffee Hub after 12pm MENgagement - 1pm on ZOOM	17	18
21	22 Dilly Cafe - 10am-12pm Meet at Left & Bean Cafe Picton Soul Space- 1-3pm Meet at Picton Library	23 Bowral Coffee - 11am Meet at Hungry Monkey Cafe Bowral, moves to the C3 Coffee Hub after 12pm MENgagement - 1pm on ZOOM	24	25
28	29 Dilly Cafe - 10am-12pm Meet at Left & Bean Cafe Picton Soul Space- 12:30 -2:30pm Meet at Picton Library	30 Bowral Coffee - 11am Meet at Hungry Monkey Cafe Bowral, moves to the C3 Coffee Hub after 12pm MENgagement - 1pm on ZOOM	31	1

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SWS PHN Mental Health
Central Intake line
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Connector Hub Groups

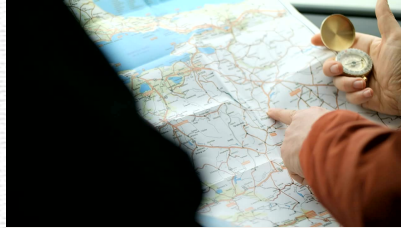
2023

MEN'S SHOP TALK & COFFEE



A group for men to have a casual chat about life in general and discover what might be needed for more positive life outcomes!!!

OUT AND ABOUT



A monthly group which lets you decide where to go! This group is led by the people we support. Visit or explore in the community and that's where we will go!

SOUL SPACE



Do you have something you started but haven't had the time to complete it? Great, now you have an opportunity to bring the special project along and chat

COFFEE GROUPS



We have coffee groups at Campbelltown, Bowral and Tahmoor where we go to local café and have a coffee and sit and chat casually about everyday things.

MENGAGEMENT



Giving men a platform for discussing issues important to them over Zoom. This is to increase the return on our self-improvement commitment.

GAME ARVO



Games Arvo is a group for everyone who wants to play board and card games. No experience is needed to play! Join us here at Campbelltown Office each fortnight.

REFLECTION CORNER



A group that focuses on connection and wellness through activities and conversation. Come and all are welcome each Thursday at Mac Fields Salvos.

ART EXPRESSION



A group that focuses on creativity and expression. No experience needed! Come and explore your creativity with different art activities each fortnight.

INCLUSIVE RAINBOW COMMUNITY



A group that promotes connection, inclusion and pride. Come and make connections with others in the LGBTQIA+SB community every fortnight over zoom.

WALKING GROUP



A fortnightly walking group open to anyone who wants to take photos, unwind, get some exercise or just a good chat.

To learn more about these groups, please contact your CPS Access Worker or Connector Hub SWS Facebook page.