

Flowerdale & Bankstown activities- October 2023

Monday

Trivia and Brain teasers
@Flowerdale Cottage.
9:00-10:30



Art @Flowerdale Cottage.
11:00-1:00



Tuesday

Art & Craft @Bankstown
10:00-11:30

Movie group @Flowerdale
cottage 10:00-12:00

Movies @Liverpool cinema
third Tuesday of the month
10:00-1:00



Wednesday

Outing- 2nd Wed of month TBA
or activity @Flowerdale
9:30-3:30

Art @Flowerdale
Cottage. 10-12



Lunch Group @Flowerdale
Cottage 12-1:30



Thursday

Trivia 10-11:30

Lunch Group
@Flowerdale Cottage
12-1:30

Cooking with Anwaar.
2nd Thursday of the month.
12-1:30

Friday

Walking group @Fairfield.
Meet @Flowerdale Cottage
9:30



Bowling @710 Split Bowling,
Fairfield
10:30-11:30



BBQ group @Flowerdale
12:00-2:30



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Connector Hub
South Western Sydney



STRIDE For better
mental health

Flowerdale Cottage is located at 19 Flowerdale Rd, Liverpool and opens to members from 9:00-4:00 Mon-Fri. Ph (02) 9393 9152

Flourish Bankstown is located at 432 chapel Rd, Bankstown and opens to members from 9:00-4:00 Mon-Fri. Ph (02) 93939360